

# CNMRI<sub>PA</sub>

NEUROLOGY • SLEEP DISORDERS CENTER • PHYSICAL MEDICINE • REHABILITATION  
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## NARCOTIC MAINTENANCE AGREEMENT

The long-term use of opioid or narcotic medications is somewhat controversial because of uncertainty regarding the extent to which this treatment actually improves the patients' quality of life. There is the potential risk of an addictive disorder developing or of relapse occurring in a person with a prior addictive disorder. The extent of this risk is not certain. These drugs all have potential for abuse or diversion and accordingly, rather strict accountability is necessary when use is prolonged.

In addition to clinical monitoring to determine the benefits of this treatment, accountability is a necessity. For this reason the following policies are agreed to by the treatment recipient as indicated by the signature below.

1. All narcotics must come from one physician or, during his or her absence, by the covering physician.
2. All narcotics must be obtained at the same pharmacy.
3. The prescribing physician has complete liberty to discuss fully all diagnostic and treatment details with the pharmacists at the dispensing pharmacy for purposes of maintaining accountability.
4. Random urine and/or serum toxicology screens may be requested at any time.
5. Prescriptions and bottles of narcotic tablets may be sought by other individuals with chemical dependency and should be closely safeguarded. In addition they may be hazardous or lethal if a person who is not tolerant to their effects, especially a child, should inadvertently take them. It is expected that the patient will take as much care with the medication and the prescription as would be taken with a driver's license or a large sum of cash.
6. Medications will not be replaced if they are lost, fall into the toilet, are eaten by pets, left on a plane or for any other reason. If your medication is stolen and you complete a police report regarding the theft, an exception may be made. Early refills will not be given. If the patient uses a month's supply of medication in three weeks, the last week has to be endured with no medications.
7. Prescriptions may be issued early, for example, if the treating physician is going to be out of town, or the patient is going to be out of town when a refill is due. However, these prescriptions will contain instructions to the pharmacist that they not be filled prior to the appropriate date.
8. If the responsible legal authorities have questions concerning the patient's treatment as might occur, for example, if a patient were obtaining medications at several pharmacies, all confidentiality is waived and these authorities may be given full access to CNMRI records of narcotic administration.
9. It is understood that the failure to adhere to these policies will result in a permanent cessation of narcotic prescribing by this physician.

I agree to use \_\_\_\_\_ Pharmacy, located at \_\_\_\_\_ Tel No:  
\_\_\_\_\_, for filling prescriptions for all my narcotic medications.

\_\_\_\_\_  
Patient Signature    Date

\_\_\_\_\_  
Physician Signature    Date

\_\_\_\_\_  
Print Patient Name

\_\_\_\_\_  
Print Physician Name